

BURROWS LEA WELLNESS TALKS

at Harry Edwards Healing Sanctuary , Burrows Lea, Shere, GU5 9QG

Thursday 4th April 2019
2pm - 4pm

FLOWER AND VIBRATIONAL ESSENCES

From time to time many of us experience various emotional issues or stumbling blocks in our thinking and attitudes, especially as living in today's world presents so many challenges. Debbie Sellwood will explain how Flower Essences can provide an excellent simple and natural self-help choice for treating these types of issues, for ourselves and our families.

Flower essences are liquid energetic solutions, containing the imprint of flowers, trees, crystals and other natural sources, and are most often taken orally. By awakening our awareness and shifting our attitudes they help us to see things from a different perspective. They enhance our well-being by transforming our emotional/mental attitudes, inner disharmony and other imbalances.

Join Debbie to find out how flower essences can help you in all sorts of situations.

Places are limited and so please contact Carolyn Low on 01483 203540 or email Carolyn.graeme@hotmail.co.uk if you wish to attend. There is no charge for this event but donations are much appreciated.

